

I need some help...

2021 EEH Primary Care Grand Rounds



Updates in Mental Health

Tuesday, April 20, 2021

6:00 to 6:45 PM

Live Video Conference

Speaker: Walter Whang, MD

The tragedies of the COVID-19 pandemic have devastated the lives of millions around the world. Although social distancing is necessary to stop the spread of COVID-19, ongoing social distancing and extended isolation have increased people's feelings of loneliness and alienation. These public health measures have resulted in an increased number of patients experiencing mental health issues. In an annual study by *Mental Health America*, the number of people looking for help with anxiety and depression skyrocketed during the pandemic. Health screenings increased more than 60% in 2020 compared to 2019, and 8 out of the 10 people taking a depression screen revealed symptoms of moderate to severe depression. This live activity is designed to assist providers in identifying and treating patients of various ages that suffer from mental health illness. This activity is also devised to assist providers in determining when it may be necessary to refer patients with a mental health illness to an inpatient or outpatient program.

At the conclusion of this activity, participants should be able to:

- Discuss innovations in the management of major depression.
- Outline recent advances in treating bipolar depressive spectrum disorders.
- Evaluate and treat depression and anxiety in geriatric patients.

Registration Required - Live Video Conference Only

[Register Now](#)



Edward-Elmhurst Health designates this live activity for a maximum of 0.75 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Edward-Elmhurst Health is accredited by the Illinois State Medical Society to provide continuing medical education for physicians.